

## Mental Health Resources

### **Common Ground**

[www.commongroundhelps.org](http://www.commongroundhelps.org)

Crisis hotline, confidential counseling and short-term psych care

1-800-231-1127 24-Hour Crisis Line

248-456-8150 Crisis and Resource Center

### **Catholic Social Services**

[www.cssoc.org](http://www.cssoc.org)

Family, marital and substance abuse counseling

248-548-4044

### **-Community Mental Health**

[www.occmha.org](http://www.occmha.org)

Mental health services for adults and children with serious mental illness, emotional disturbances and developmental disabilities

1-800-341-2003

### **HAVEN Crisis Center**

[www.haven-oakland.org](http://www.haven-oakland.org)

24 hour crisis/support line, counseling and support groups

248-334-1274

### **Oakland Family Services**

[www.oaklandfamilyservices.org](http://www.oaklandfamilyservices.org)

Therapeutic treatment for children and adults with a diagnosed mental illness or issues related to substance abuse

248-544-4004 Berkley

248-858-7766 Pontiac

248-853-0750 Rochester Hills

248-624-3812 Walled Lake

## Employment Resources

### **Oakland County- Human Resources**

[www.oakgov.com/jobs](http://www.oakgov.com/jobs)

Job postings for County positions

248-858-0530

### **Oakland County- Veterans' Services**

[www.oakgov.com/veterans](http://www.oakgov.com/veterans)

Helps county veterans and their families obtain and monitor benefits

248-858-0785 Pontiac

248-655-1250 Troy

### **Oakland County- One Stop Workforce Development Services**

[www.oakgov.com/workforcedev](http://www.oakgov.com/workforcedev)

One stop access to job training and services for job seekers and employers through electronically linked career centers

1-800-285-WORK (9675)

### **State of Michigan- MichiganWorks**

<http://michiganworks.org>

Provides training and employment programs

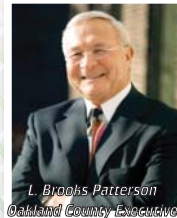
517-371-1100

### **Unemployment Insurance Association (UIA)**

[www.michigan.gov/uia](http://www.michigan.gov/uia)

Unemployment compensation for jobless workers, answers employment related questions, connects workers and employers

1-866-500-0017 Claims Line



L. Brooks Patterson  
Oakland County Executive

For more information, visit the Oakland County Health Division website at [oakgov.com/health](http://oakgov.com/health)



Department of Health & Human Services

[oakgov.com/health](http://oakgov.com/health)

## Community Resources

For you and your family



## Health Resources

**Oakland County Health Division**  
[www.oakgov.com/health](http://www.oakgov.com/health)

### ***Nurse On Call***

Health information, resources and referrals to community programs and services  
1-800-848-5533

### ***WIC (Women, Infants and Children Supplemental Food Program)***

Supplemental food for low income pregnant and nursing women, new mothers, infants and children under 5 in Oakland County  
248-858-1272 or 1-888-350-0900 Xt 81272

### ***Immunizations/Flu***

Shots for County children and adults  
248-858-1305 Pontiac  
248-424-7046 Southfield  
800-434-3358 Flu Hotline

### ***Substance Abuse***

Substance abuse treatment for Medicaid and uninsured County residents  
248-858-0001

### ***Dental Program***

Dental services for low income County residents who have no dental insurance  
248-858-1306 or 1-888-350-0900 Xt 81306

### **Drug Discount Card Program**

[www.caremark.com/naco](http://www.caremark.com/naco)  
Savings on drugs from local pharmacies  
1-877-321-2652  
1-800-848-5533 Nurse on Call - One-on-one prescription drug consultation

### **Fern Care**

[www.ferncare.org](http://www.ferncare.org)  
Free medical clinic for uninsured adults and benefits counseling (social security, etc).  
248-677-2273

### **Covenant Community Health Center**

[www.covenantcommunitycare.org](http://www.covenantcommunitycare.org)  
Low cost medical care and preventive health services for children and adults.  
248-556-4900

### **Gary Burnstein Community Health Clinic**

[www.garyburnsteinclinic.org](http://www.garyburnsteinclinic.org)  
Free health clinic for uninsured County adults  
248-758-1690

### **Mercy Place**

Health clinic for uninsured County adults  
248-333-0840

### **Oakland Primary Health Services**

[www.oaklandprimaryhealth.org](http://www.oaklandprimaryhealth.org)  
Offers complete medical care for all ages, prescription assistance and WIC  
248-322-6747  
248-451-7365 Pontiac High School  
248-451-8030 Pontiac Middle School  
248-674-4876 Waterford Teen Health Center

### **POH Children's Clinic**

Free medical services for children birth to 18 years of age residing in Oakland County  
248-334-0024

### **Tri-County Dental Health Council**

[www.dentalhealthcouncil.org](http://www.dentalhealthcouncil.org)  
Adult/child programs, referral for dental services for Medicaid, low income, uninsured and emergency care  
248-559-7767

## Food Resources

### **Oakland Livingston Human Service Agency (OLHSA)**

[www.olhsa.org](http://www.olhsa.org)  
Emergency food assistance, food pantry, WIC and summer lunch program for Pontiac children  
248-209-2600

### **Lighthouse Emergency Services**

[www.lighthouseoakland.org](http://www.lighthouseoakland.org)  
3 day supply of emergency food  
248-920-6000 Pontiac  
248-620-6116 Clarkston

### **Open Door Outreach Center**

[www.opendooroutreachcenter.com](http://www.opendooroutreachcenter.com)  
Emergency services for food  
248-360-2930

### **Open Hands Emergency Food**

[pantry@openhandspantry.org](mailto:pantry@openhandspantry.org)  
Emergency food pantry and referrals  
248-546-1255

### **Focus: HOPE**

[www.focushope.edu](http://www.focushope.edu)  
Free monthly food to pregnant women, mothers and children up to age 6 not on WIC  
313-494-5500

## Shelter Resources

### **Lighthouse Emergency Services**

[www.lighthouseoakland.org](http://www.lighthouseoakland.org)  
Housing assistance to stop foreclosure  
248-920-6100

### **South Oakland Shelter**

[www.southoaklandshelter.org](http://www.southoaklandshelter.org)  
Rotating shelter plan- 90 days maximum  
248-809-3773

### **Salvation Army**

[www.salvationarmyinoaklandcounty.org](http://www.salvationarmyinoaklandcounty.org)  
Housing and utility assistance, referrals to shelters and rental assistance  
248-334-2407

### **New Bethel Baptist Outreach**

Temporary shelter up to 30 days, mainly for women and children, food included  
248-333-7010

### **Oakland County Community Home Improvement Services**

[www.oakgov.com/chi](http://www.oakgov.com/chi)  
Counseling to tenants and homeowners, mortgage default resolution services including delinquency, default or foreclosure  
248-858-5402

### **Grace Centers of Hope**

[www.gracecentersofhope.org](http://www.gracecentersofhope.org)  
Homeless Shelter and Rehab Center  
248-334-2187